

IMPLEMENTING NOVEL TECHNOLOGIES FOR THE TREATMENT OF NEUROCOGNITIVE DEFICITS

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Background

The flexible vocal function is fundamental for expression in communication. A healthy voice contributes significantly to everyday participation and therefore to good quality of life. Maintaining the flexibility of the vocal fold muscles and vocal fold mucosa is essential to preserve the ability to shape the voice throughout life.

Aim / Objectives

The aim of IVTP, Integrative Voice Therapy and Voice Pedagogy, is to promote patients in their vocal performance in all phases of life by enabling them to help themselves. The "IVTP-Six Voice Care Exercises" are didactically structured according to the "IVTP-Voice Function Circle" and lead to a reliable physiological voice-support.

Methods

The "IVTP-Six Voice Care Exercises" are based on the IVTP concept of "Voice is Balance" and the "IVTP-Voice Function Circle" considering the ICF. They will be taught theoretically and practically in the workshop.

Results

Thanks to the holistic structure of the exercises, the "IVTP- Six Voice Care Exercises" can be easily integrated into everyday life for regular care of the speaking and singing voice. Using them can help to improve the ability to express oneself and thus the "quality of life".

Through practical exercise experiences in the workshop, the participants will be able to use the acquired knowledge and skills in their everyday work.

Conclusions

"Use it or lose it" - with the "IVTP- Six Voice Care Exercises" patients can remain or regain a balanced and flexible voice in all phases of their life.

